

VR1

Seated Leg Curl

Engineered for value. With its streamlined, space-saving design, this sturdy collection of 23 machines offers a comprehensive strength training solution regardless of your facility's size.

FEATURES

- **Easy to use:** The VR1 Leg Extension's innovative design makes positioning the tibia pad intuitive, virtually effortless, and results in easily accessible and easily adjustable machines.
- **Lower leg pad:** Offset input arm allows for the lower leg pad to adjust with minimal effect on the starting angle of the knee. In combination with proper pivot location, this allows the use of a contoured pad for improved comfort.
- **Relieves hamstring tension/Less knee shear:** The angled back pad (100 degree angle between seat and back) is wider than most leg extension machines and is designed to relieve hamstring tension. The thigh stabilization method used on Cybex Seated Leg Curl provides significantly reduced shear at the knee compared to other methods.
- **Optional adjustable start:** VR1 offers an Adjustable Start System (product #13061). The fixed start position is a standard and features a typical start range. Because each individual has a different range of motion, the Adjustable Start makes VR1 user-friendly to a broader audience.



SPECIFICATIONS

Product Number	13060 13061 (Adjustable Start)
Dimensions L x W x H	67" x 40" x 62" (169 cm x 100 cm x 157 cm)
Light Stack	100 lbs (45 kg)
Standard Stack	145 lbs (66 kg)
Light Weight	434 lbs (197 kg)
Standard Weight	479 lbs (218 kg)
Color	Available in 15 frame colors or a virtually unlimited variety of custom colors and 33 upholstery colors

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